

INTERNATIONAL DAY OF LIVED EXPERIENCE

AGENDA

31ST OCTOBER, 2023
8AM - 6PM

MORNING

8:00AM REGISTRATION OPENS

8:30AM OFFICIAL OPENING

Lynn Courey, Sashbear
Meagan Henderson, NEABPD Australia

8:40AM PRESIDENTS WELCOME

Giles Newton-Howes, President ISSPD

8:50AM KEYNOTE

Early intervention of Personality Disorder,
Louise McCutcheon, Orygen

9:55AM MORNING TEA BREAK

10:10AM PRESENTATION

Promoting hope through lived experience
Sophie Lucas, Project Air

10:50AM PRESENTATION

Building Trust and Connections with
strategies, skills and hope
Mike Menu & Doreen Hyndman, Sashbear

11:45AM Q&A WITH SPEAKERS

12:00PM LUNCH BREAK

AFTERNOON

1:00PM PRESENTATION

The impact of substance abuse within PD
Eddie Mullen, Orygen

1:45PM PANEL DISCUSSION

Perspectives on peer support for recovery
for both lived experience and carers
Chair: Andrew Chanen

2:30PM AFTERNOON
TEA BREAK

2:45PM MINDFULNESS
EXERCISE

3:00PM KEYNOTE

Mentalizing: What it is and how to do it
Carla Sharp, University of Houston

4:10PM Q&A WITH SPEAKERS

4:30PM CLOSING REMARKS

Reasons for hope President-
Elect, Brin Grenyer

5:00PM NETWORKING
RECEPTION